

Twist Twist Twist



Count: 96 **Wall:** 1 **Level:** Intermediate
Choreographer: José Miguel Belloque Vane (NL), Roy Verdonk (NI), Sophie Dick (Be)
 June 2014
Music: Matt Houston & amp Dj Assad Ft Dylan Rinnez - Twist 2K14

Intro : 32 counts (20 sec.)

Touch, Out/Out, Ball/Cross, Kick (2X), Cross, Rock/Recover, Cross, Side, Cross Behind With Sweep

1&2 Rf touch next to Lf, Rf step right (&) , Lf step left
 &3 Rf step next to Lf (&), Lf cross in front of Rf
 &4 Rf kick right, Rf kick right
 5&6 Rf cross in front of Lf, Lf rock to left (&), recover onto Rf
 &7 Lf cross in front of Rf (&), Rf step right
 8 Lf cross behind Rf sweeping Rf from front to back

Syncopated Weave , Mambo Cross, Step Back, 1/2 Turn L, Step Forward, 1/2 Turn L, Touch Together

1&2 Rf cross behind Lf, Lf step left (&), Rf cross in front of Lf
 3&4 Lf step left, recover onto Rf (&), Lf cross in front of Rf
 5-6 Rf step back, 1/2 turn left stepping Lf forward (6.00)
 7&8 Rf step forward, make 1/2 turn left stepping Lf forward (&), Rf touch next to Lf (12.00)

Out/Out , Ball/Cross, Unwind 1/2 Turn L, Touch Together, Walks (2X), Rocking Chair

&1 Rf step right (&) , Lf touch left
 &2 Lf step next to Rf, Rf cross in front of Lf
 3 unwind 1/2 turn left ending with weight on Lf (6.00)
 4 Rf touch next to Lf
 5-6 Rf step forward , Lf step forward
 7&8 Rf rock forward, recover onto Lf (&) , Rf rock back
 & recover onto Lf

Step , 1/2 Turn L, Shuffle Forward R, Heel/Toe Swivel Diagonal With Stomp (2X)

1-2 Rf step forward, make 1/2 turn left stepping forward Lf (12.00)
 3&4 Rf step forward, Lf step together (&), Rf step forward
 5&6 Lf step forward on left diagonal with toes turned in, Lf toes turn out (&) ,Rf stomp next to Lf (weight remains on Lf
 7&8 Rf step forward in right diagonal with toes turned in, Rf toes turn out (&), Lf stomp next to Rf (end with weight on Lf)

Charleston Steps

1-2 Rf step forward, Lf touch forward
 3-4 Lf step back, Rf touch back
 5-6 Rf step forward, Lf touch forward
 7-8 Lf step back, Rf touch back

(optional: swivel heels on Charleston steps)

Toe/Heel/Toe Swivel With Flick (4X)

1&2 Bf swivel toes right, Bf swivel heels right (&) , Bf swivel toes right whilst flicking left heel up

- 3&4 Bf swivel toes left, Bf swivel heels left (&), Bf swivel toes left whilst flicking right heel up
 5&6 Bf swivel toes right, Bf swivel heels right (&), Bf swivel toes right whilst flicking left heel up
 7&8 Bf swivel toes left, Bf swivel heels left (&), Bf swivel toes left whilst flicking right heel up

Charleston Steps

- 1-2 Rf step forward, Lf touch forward
 3-4 Lf step back, Rf touch back
 5-6 Rf step forward, Lf touch forward
 7-8 Lf step back, Rf touch back

(optional: swivel heels on Charleston steps)

Toe/Heel/Toe Swivel With Flick (4X)

- 1&2 Bf swivel toes right, Bf swivel heels right (&), Bf swivel toes right whilst flicking left heel up
 3&4 Bf swivel toes left, Bf swivel heels left (&), Bf swivel toes left whilst flicking right heel up
 5&6 Bf swivel toes right, Bf swivel heels right (&), Bf swivel toes right whilst flicking left heel up
 7&8 Bf swivel toes left, Bf swivel heels left (&), Bf swivel toes left whilst flicking right heel up

Syncopated Weave L With Heel Grinds, Cross, Back, Shuffle R

- 1& Rf cross heel in front of Lf, Lf step left (&)
 2& Lf cross behind Rf, Lf step left (&)
 3& Rf cross heel in front of Lf, Lf step left (&)
 4& Lf cross behind Rf, Lf step left (&)
 5-6 Rf cross in front of Lf, Lf step back
 7&8 Rf step right, Lf step together (&), Rf step right

Syncopated Weave R With Heel Grinds, Cross, Back, Shuffle L

- 1& Lf cross heel in front of Rf, Rf step right (&)
 2& Lf cross behind Rf, Rf step right (&)
 3& Lf cross heel in front of Rf, Rf step right (&)
 4& Lf cross behind Rf, Rf step right (&)
 5-6 Lf cross in front of Rf, Rf step back
 7&8 Lf step left, Rf step together (&), Lf step left

Walks Forward In Diagonal (2X), Rocking Chair, Step, 1/2 Turn L, Run R/L/R

- 1-2 Rf walk forward to left diagonal (10.30), Lf walk forward
 3&4& Rf rock forward, recover onto Lf (&), Rf rock back, recover onto Lf (&)
 5-6 Rf step forward, make 1/2 turn left stepping Lf forward (4.30)
 7&8 Rf small step forward, Lf small step forward (&), Rf small step forward

Walks Forward In Diagonal (2X), Rocking Chair, Step, 1/2 Turn R, 1/8 Turn R, Slide L With Hold

- 1-2 Lf walk forward to left diagonal (4.30), Rf walk forward
 3&4& Lf rock forward, recover onto Rf, (&), Lf rock back, recover onto Rf (&)
 5-6 Lf step forward, make 1/2 turn right stepping Rf forward (10.30)
 7-8 make 1/8 turn right sliding Lf to left, Rf slide together