

STAND BY ME

Laine Pettai

Type: 32 count, 4 wall

Level: beginner, non-country

Music: „Stand By Me“ by Ben E. King

Intro 32 counts, start on lyrics

RUMBA BOX, ROCK STEP FORWARD

1-2 Step LF back, touch RF beside LF

3-4 Step RF side, step LF together

5-6 Step RF forward, hold

7-8 Step LF forward, recover weight back to RF

STEP BACK, SAILOR STEP WITH ½ TURN, CROSS ROCK

1-2 Step LF back, sweep RF out while making 1/2 turn to the right (6.00)

3-4 Step RF side, step LF side

5-6 Step RF diagonally forward, hold

7-8 Step LF across RF, recover weight back to RF

¼ TURN, STEP, ½ PIVOT TURN, STEP WITH ¼ TURN, HIP SWAY

1-2 Turn ¼ to the left and step LF forward, hold (3.00)

3-4 Step RF forward, turn ½ to the left and recover weight of the LF (9.00)

5-6 Turn ¼ to the left and step RF to the side, hold (6.00)

7-8 recover weight of the LF, sway hips to the left

HIP SWAY, STEPS, GRAPEVINE WITH FULL AND ¼ TURN, STEP-TOUCH WITH ½ TURN

1-2 Recover weight to the RF, sway hips to the right

3-6 Turn ¼ to the left and step LF forward, turn 1/4 to the left and step Rf side, turn ½ to the left and step LF side, turn ¼ to the left and touch RF beside LF

7-8 Step RF forward, turn 1/2 to the right (weight on RF) and touch LF together (9.00)

Easy option 3-6: (grapevine with ¼ turn) step LF side, step Rf behind, turn ¼ left and step LF forward, touch RF beside LF

START AGAIN

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