

People Help The People



Count: 56

Wall: 1

Level: Intermediate

Choreographer: Raymond Sarlemijn, Roy Hadisubroto, Darren Bailey, Roy Verdonk, Pim van Grootel.

Music: Birdy, - People Help the People

Sequence **A,A,B,A,A,B,A,B,A,B.****Part A: Side, together, close, ½ turn check, ¾ turn ronde, ½ turn, weight change.**

- 1 RF to Right.
- 2 LF close back RF.
- & *1/4 turn left, RF forward.
- 3 Check LF forward (21:00).
- 4 ½ Turn RF, Rf step forward.
- & ½ turn right, LF step back
- 5 ¼ turn right, ronde RF (12:00).
- 6 RF cross behind LF.
- & ¼ turn left, LF forward.
- 7 RF step forward.
- 0 A ¼ turn left, weight on left (18:00).
- 8 weight on RF.
- & Weight on LF.
- 0 A Weight on RF

¾ turn pirouette, rock recover, step backwards and hitch knee up, 3/8 turn run forward, walk back, walk back.

- 1 ¾ turn pirouette
- 2 Rock RF forward (21:00).
- 3 Recover on LF.
- & RF step Back.
- 0 A LF step Back.
- 4 Hitch Rknee up.
- 0 A Turn 3/8
- 5 RF step forward.
- & LF step forward.
- 6 RF step forward (14:00).
- 7 LF step back.
- 8 RF step back.

Step back, kick forward, , ½ turn right, walk forward, ½ turn ronde, step back, step out, step out, step back, touch backwards, turn ½, hold or body roll.

- 1 LF step backwards, while doing this kick RF forward.
- 2 Turn ½, RF step forward.
- & LF step Forward.
- 3 Turn ½ ronde, weight on RF.
- 4 LF step back.
- & ½ turn right, RF step Right.
- 0 A LF step left.
- 5 RF step Back, while doing this make body roll back (18:00).
- 0 A LF touch backwards.
- 6 ½ turn left.
- 7 Hold or make a body roll 12:00).
- 8 Push right shoulder forward
- & Push left shoulder forward.

¼ turn left ronde, ¼ turn right, knee bend belly contraction, arm up, knee hitch, step side, ½ turn, ½ turn, cross forward.

- 1 Weight on LF, ¼ turn left make ronde with RF.
- 2 RF step forward.
- & ¼ right, LF step left.
- 3 Bend knee's and contract your belly in.
- & Lift up right elbow.
- 4 Straighten right arm and hitch up right knee.
- 5 RF step right.
- 6 LF cross front RF
- 7 ½ turn left, RF step back.
- 8 ½ turn left, LF step forward.

When part B comes, part A changes at the last 3 counts, the steps will be:

- 6 ½ turn left, Lf step left.
- & ½ turn left, RF step right.

7 LF step out to Left.

Part B:

LF hand forward, Right hand forward, 4/4 turn, triple step ronde, cross forward, step side, hitch cross backwards, step side, 1/4 turn ronde, cross forward, step backwards, 1/4 turn.

8 Point Left hand forward.
 & Point Right hand forward
 1 Right hand hits Left hand, while doing this weight on RF and lock LF behind RF and turn 1/2 (18:00).
 2 Weight on LF.
 & 1/4 turn left, Change weight to RF.
 3 1/2 turn left, LF step forward, ronde RF.
 4 RF step forward.
 & 1/4 turn right, LF step left (12:00)
 5 Hitch up Right knee.
 6 RF cross backwards LF.
 & LF step left.
 7 1/4 turn left, RF ronde (21:00).
 8 RF cross over LF.
 & 1/4 turn right, LF step back.

Ronde, cross forward, 1/4 turn step back, 1 1/8 pivot turn, check forward, back, side cross, side, sway.

1 turn 1/4 right RF step forward, ronde LF(15:00).
 2 LF cross over RF.
 & Turn 1/4 right, RF step back.
 3 turn 1/4 left, LF step forward.
 4 Turn 1/4 left, RF step right.
 & Turn 1/2 left, LF step left.
 5 RF check front LF (23:00).
 6 LF step back.
 & RF step right.
 0 A LF cross over RF.
 7 RF step right.
 8 Sway weight to LF.

Side, cross, side, sway, 4/4 running turn.

1 Sway weight to RF (12:00).
 2 LF cross over RF.
 3 RF step right.
 4 Sway weight to LF.
 & Sway weight to RF.
 5 1/4 turn left, LF step forward.
 6 RF step forward.
 7 1/4 turn left, LF step forward.
 8 1/4 turn left, RF step forward
 & 1/4 turn left, LF cross over RF.

Start again.
