

On The Floor

Choreographer: Eve Lahesoo

Walls: 2

Counts: Phrased

Level: Intermediate Music: Pitbull feat. Jennifer Lopez – On the floor

Dance Pattern: AA BB TAG CC AA BB CC AA TAG BB CC

Intro 64 counts, begin on lyrics

Part A

Walk 2x, out-out, heels up and down, sailor step 2x

- 1 2 & Walk forward with Right, walk forward with Left, step out with Right to right [12.00]
3 & 4 Step out with Left to left, lift both heels up, lower both heels
5 & 6 Step Right back to left diagonaal, step Left next to Right, step Right out to right diagonaal
7 & 8 Step Left back to right diagonaal, step Right next to Left, step Left out to left diagonal

Walks back, out-out, heel twists double left and double right

- 1-2-3 Walk back with Right – Left - Right
& 4 Step out with Left to left, step out with Right to right
& 5 & 6 Lift Left heel and twist toward center,return heel, lift Left heel and twist toward center,return heel
& 7 & 8 Lift Right heel and twist toward center,return heel, lift Right heel and twist toward center,return heel

Side rock, behind-side-cross, side rock, sailor with ¼ turn

- 1 2 Side rock with Right to right, recover on Left
3 & 4 Cross Right behind Left, step Left to left, cross Right over Left
5 6 Side rock with Left to left, recover on Right
7 & 8 Cross Left behind Right, step Right beside Left making 1/4 to left, step forward on Left [09.00]

Rock forward, shuffle back, touch back bow down and up, hop

- 1 2 Rock forward with Right, recover on Left
3 & 4 Step back with Right, step Left next to Right, step back with Right
5 6 Touch Left toe back behind (bow down) , hold (recover from bow)
7 8 Hop with 1/4 turn left (feet crossed Right over Left), [6.00]

hop landing with feet apart

Part B

Rock forward, shuffle back, rock step, full turn

- 1 2 Rock forward with Right, recover on Left
- 3 & 4 Step back with Right, step Left next to Right, step back with Right
- 5 6 Rock back with Left, recover on Right
- 7 8 Turn $\frac{1}{2}$ Right stepping back with Left, turn $\frac{1}{2}$ right stepping forward with Right

Rock step, mambo, hips and hands

- 1 2 Rock forward with Left, recover on Right
- 3 & 4 Rock back with Left, recover on Right, step forward with Left
- 5 & 6 Bump hips left-right-left (hands in front, bent from elbows, going up and down together with hips)
- 7 & 8 Bump hips right-left-right (hands in front, bent from elbows, going up and down together with hips)

Part C

Cross, side, back with heel 2x

- 1 2 Cross Right over Left, step Left to left
- 3 & 4 & Step with Right diagonally back, step Left next to Right, step forward diagonally with Right heel, bring Right next to left
- 5 6 Cross Left over Right, step Right to right
- & 7 & 8 Step with Left diagonally back, step Right next to Left, step forward diagonally with Left heel,

Hitch, hitch with $\frac{1}{4}$ turn, coaster step, hitch, hitch $\frac{1}{4}$, coaster step

- 1 2 Hitch Right knee, $\frac{1}{4}$ turn right with hitching Right knee
- 3 & 4 Step back with Right, step Left next to Right, step forward with Right
- 5 6 Hitch Left knee, $\frac{1}{4}$ turn left with hitching Left knee
- 7 & 8 Step back with Left, step Right next to Left, Step forward with Left

TAG

- 1-8 With both hands make a figure of 8 or S in front of you, which ever comes more naturally