

# My Ladies Rhumba



**Count:** 32

**Wall:** 2

**Level:** Raw Beginner

**Choreographer:** Wanda Heldt - Perth WA (Sept 2012)

**Music:** Hear My Song by Bouke



**Alt. music:-**

**It's Your World Now by The Eagles**

**If I Said You Had A Beautiful Body by The Bellamy Brothers**

**Neon Moon by Brooks & Dunn / Besame Macho [Instrumental]**

**Also cute Split floor with BURLESQUE**

**Choreographed specially for the Dear Ladies of the 'Taskforce Line dance program' helping to keep active in mind and body and having FUN.**

**WALK FORWARD R.L.R., KICK, WALK BACK L.R.L, TOUCH**

1-4 Walk forward Right, Left, Right. Kick Left forward.

5-8 Walk back Left, Right, Left, Touch Right next to Left.

**RIGHT & LEFT - SIDE, TOGETHER, SIDE, TOUCH [use hips as you step 'Side- together-side']**

1-4 Step Right to Right side, Step Left together, Step Right, Touch Left toe next to Right.

5-8 Step Left to Left side, Step Right together, Step Left, Touch Right toe next to Left.

**RHUMBA BOX [Basic]**

1-2 Step Right to Right side, Step Left next to Right.

3-4 Step back on Right, hold (sway hip to right)

5-6 Step forward on left, Step Right next to Left.

3-4 Step forward on Left, hold (sway hip to left)

**RIGHT DIAGONAL HIPS R.L.R.HOLD 1/4 x 2 PADDLE TURNS RIGHT**

1-4 Step Right to Right diagonal and Rock hips Forward, Back, Forward, Hold [Wt.on R]

5-6 Step forward on Left turn 1/4 Right, Recover weight on Right. [3:00]

7-8 Step forward on Left turn 1/4 Right, Touch Right next to Left or Hold [Wt. on L]. [6:00]

**To make it a 4 Wall .. [If using as split floor ]**

5-6 Step forward on Left turn 1/4 Right, Recover weight on Right. [3:00]

7-8 Recover weight on Left, Hold or Touch Right next to Left...

**Restart dance... HAVE FUN IN LIFE & IN DANCE.**

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**Last Revision - 11th September 2012**