

Let Me Down Slowly



Count: 32

Wall: 2

Level: Intermediate

Choreographer: Stina-Eliza Sild – January 2019

Music: Let Me Down Slowly by Alec Benjamin



Intro : 06 seconds, starts with word This night...

Body roll to R, R point, weave and cross, unwind, R sweep, cross, step R to right, step L behind R, 1/4 step to

- 1& press R to right diagonal while doing body roll(1), bring weight to L(&)
- 2 point R to right diagonal (in the air)
- 3&4 step R behind L(3),step L to left side(&), cross R over L and unwind doing full turn(4)
- 5 step L fwd(5)
- 6&7 sweep R fwd. and cross R over L(6), step L back(&), step R to right side(7)
- 8& step L behind R (12.00)(8), step R 1/4 to right (15.00)(&)

L step , R step, L rock , step together, step back R,L(5-6), run backwards R,L(7&), R step fwd

- 1 step L fwd (15.00)
- 2 step R fwd
- 3&4 rock fwd on L, turn your head to the left side(weight on L)(3), bring weight on R(&), step L next to R(4)
- 5 step R back
- 6 step L back
- 7& run back R, L
- 8& step R fwd(8), weight back to L(&)

L sweep, L over R, step R back, L next to R, R sweep, R behind L, L to left, step R fwd, L rock, step together, 1/2 turn

- 1 step R fwd and L sweep fwd
- 2& step L over R(2), step R back(12.00)(&)
- 3 bring L next to R while doing R sweep(from front or back)facing 12.00
- 4&5 step R behind L(4), step L to left side(&), step R fwd(5)
- 6& L rock fwd(6), weight back to R(&)
- 7 step L next to R
- 8 1/2 turn with legs together(on toes)(over L shoulder)

R back, L fwd, R fwd, hold, cross L over R, hold, unwind full turn

- 1 step R back (weight on R) and turn your head to the sky
- 2 step L fwd
- 3 step R fwd.
- 4 hold
- 5 cross L over R
- 6 hold
- 7,8 unwind full turn(over R shoulder)(on 8 weight on L)