

CALM AFTER THE STORM

Laine Pettai

Type: 64 count, 4 wall, smooth (TS)

Level: intermediate

Music: „Calm after the storm“ by The Common Linnets

Intro 8 counts, start on lyrics

ROCK STEP, SHUFFLE ½ TURN, ROCKING CHAIR

1-2 Step RF forward, recover weight to LF

3&4 Turn ¼ right and step RF side, step LF together, turn ¼ right and step RF forward (6.00)

5-6 Step LF forward, recover weight to RF

7-8 Step LF back, recover weight to RF

STEP FORWARD, ¼ PIVOT TURN, CROSS SHUFFLE, SIDE ROCK, CROSS SHUFFLE

1-2 Step forward on LF, turn ¼ to right ending weight on RF (9.00)

3&4 Crossing chassè LF-RF-LF

5-6 Step side on RF, recover weight back to LF

7&8 Crossing chassè RF-LF-LF

FULL MONTERY TURN

1-2 Touch LF to the side, turn ½ left and step LF together (3.00)

3-4 Touch RF to the side and step RF together

5-6 Touch LF to the side, turn ½ left and step LF together

7-8 Touch RF to the side and step RF together (9.00)

STEP, LOCK, STEP-LOCK-STEP, ROCK STEP, SAILOR STEP WITH ½ TURN

1-2 Step LF forward, lock RF behind LF

3&4 Step LF forward, lock RF behind LF, step LF forward

5-6 Step RF forward, recover weight to LF

7&8 Turn ¼ right and step RF cross behind LF, turn ¼ right and step LF side, step RF forward (3.00)

STEP, LOCK, STEP-LOCK-STEP, ROCK STEP, SAILOR STEP WITH ¼ TURN

1-2 Step LF forward, lock RF behind LF

3&4 Step LF forward, lock RF behind LF, step LF forward

5-6 Step RF forward, recover weight to LF

7&8 Turn ¼ right and step RF cross behind LF, step LF side, step RF side (6.00)

STEP, TOUCH 2x, BEHIND CROSS, TURN, SIDE ROCK

1-2 Step LF across RF to the right diagonal (bending knees), touch RF to the right side (stretching knees)

3-4 Step RF across LF to the left diagonal (bending knees), touch LF to the left side (stretching knees)

5-6 Step LF cross behind the RF and make full turn to the left ending weight on LF (6.00)

7-8 Step RF to the side, recover weight to the LF

JAZZ BOX, GRAPEVINE FULL TURN

1-4 Step RF across LF, step LF back, step RF to the side, touch (point) LF to the left side

5-8 Turn ¼ left and step LF forward, turn ¼ left and step RF to the side, turn ½ left and step LF side, touch RF beside LF

SIDE, BEHIND, SHUFFLE ¼ TURN, STEP, UNWIND TURN, ROCK BACK

1-2 Step RF side, step LF behind RF

3&4 Step RF side, step LF beside RF, turn ¼ right and step RF forward

5-6 Step LF forward, turn ½ right (weight on the LF)

7-8 Step RF back, recover weight to LF

START AGAIN

NB! During 5-th wall – music stops for 4 counts (sec.4 counts 5-8) – dance goes on, don't be bothered, music starts again (sec.5 count 1) ☺☺

Dance ends with crossing chasse in 6-th wall facing 12.00

18.11.2014